



### **APPOINTMENT AND CANCELLATION POLICIES**

Patients are seen by appointment only and therefore it is advisable for you to schedule the full duration of your referral as far in advance as possible. If you do need to cancel, we ask that you call us before closing hours the day prior to your scheduled appointment. If you need to cancel after hours, please leave a message on our answering machine. Any missed appointments may result in a \$50 cancellation/no show fee.

### **INFORMED CONSENT FOR CARE AND TREATMENT**

The purpose of physical therapy is to treat disease, injury and disability by examination, evaluation, diagnosis, prognosis, and intervention by use of rehabilitative procedures, mobilization, massage, exercises, and physical agents to aid the patient in achieving their maximum potential within their capabilities and to accelerate convalescence and reduce the length of functional recovery. All procedures will be thoroughly explained to you before you are asked to perform them. You are expected to fully cooperate with the evaluation and treatment program. All individuals will be accorded impartial access to treatment regardless of race, gender, national origin, disability, health status, religious, age, sexual orientation, or sources of payment for care.

Response to physical therapy intervention varies from person to person so it is not possible to predict your response to a specific modality, procedure, or exercise protocol. The Physical Therapy Clinics, Inc. cannot and do not guarantee what your reaction will be to a specific treatment, nor can it guarantee that the treatment will help resolve the condition for which you are seeking treatment. Potential benefits of treatment may include an improvement in my symptoms and an increase in your ability to perform daily activities. You may experience increased strength, awareness, flexibility, and endurance in movements and a decrease in pain or discomfort. However, there are potential risks that the physical therapy treatment may cause: you may experience an increase in your current level of pain or discomfort or result in aggravation of existing systems, pain, or injury. It is very important for you to promptly provide any updates about your medical condition(s) and to communicate with your treating physical therapist throughout your treatment.

You may decline any part of your treatment at any time before or during treatment if you feel any discomfort or pain or have any other unresolved concerns. You may ask your physical therapist about the treatment they have planned based on your individual history, physical therapy diagnosis, symptoms, and examination results, and you may discuss the potential risks and benefits involved in your treatment.

The term “informed consent” means that the potential risks, benefits, and alternatives of physical therapy treatment have been explained to you. You understand that the physical therapist provides a wide range of services and you will receive information at the initial visit concerning the proposed treatment and options available for your condition.

By signing below, I have read the appointment policies and this consent form and understand the risks involved with physical therapy care and treatment. I voluntarily assume all of the foregoing risks and accept full responsibility for any loss, property damage, illness or exposure to illness, or personal injury, including death, that may be sustained by me or my property, as a result of my receiving such physical therapy care and treatment. I hereby give consent for The Physical Therapy Clinics, Inc. to furnish such care and treatment considered necessary and proper in treating my physical condition.

Patient Name (Print): \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*Parent/Legal Guardian must sign if Patient is a Minor.*

Parent/Legal Guardian Name (Print): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_





**Authorization to Utilize Text Messaging, Emailing and Voicemail**

Performance Physical Therapy can text message, email or may leave you a voicemail for the purpose of appointment reminders, review requests and/or marketing.

Email: Yes \_\_\_\_\_ No, thank you \_\_\_\_\_ Appointment reminder only \_\_\_\_\_ Initial: \_\_\_\_\_

Text: Yes \_\_\_\_\_ No, thank you \_\_\_\_\_ Appointment reminder only \_\_\_\_\_ Initial: \_\_\_\_\_

Cell phone number \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Cell phone provider \_\_\_\_\_

Voicemail: Yes \_\_\_\_\_ No, thank you \_\_\_\_\_ Initial: \_\_\_\_\_

I give Performance Physical Therapy permission to communicate my appointments and other health concerns to the following individual(s):

1. Name: \_\_\_\_\_ Phone: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

2. Name: \_\_\_\_\_ Phone: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Patient Name (Print): \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*Parent/Legal Guardian must sign if Patient is a Minor.*

Parent/Legal Guardian Name (Print): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**NOTICE OF PRIVACY PRACTICES**

**ACKNOWLEDGMENT OF RECEIPT AND PATIENT CONSENT**

I have read and fully understand The Physical Therapy Clinics, Inc.'s Notice of Privacy Practices. I understand The Physical Therapy Clinics, Inc. is permitted by law to use or disclose my personal health information for the purposes of carrying out treatment or payment. I understand that I have the right to request restrictions regarding how my personal health information is used and disclosed for treatment, payment, and administrative operations if I notify the practice. I also understand that The Physical Therapy Clinics, Inc. will consider requests for restriction on a case by case basis but does not have to agree to requests for restrictions.

I hereby consent to the use and disclosure of my personal health information for the purposes as noted in The Physical Therapy Clinics, Inc.'s Notice of Privacy Practices. I understand that I retain the right to revoke this consent by modifying the practice in writing at any time.

Patient Name (Print): \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*Parent/Legal Guardian must sign if Patient is a Minor.*

Parent/Legal Guardian Name (Print): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



To ensure you receive a complete and thorough evaluation, please provide us with the important background information on the following form. **If you do not understand a question, leave it blank and your therapist will assist you.** Thank you!

**NAME:** \_\_\_\_\_ **OCCUPATION:** \_\_\_\_\_

Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Leisure Activities: \_\_\_\_\_

Allergies: List any medication(s) you are allergic to: \_\_\_\_\_

Are you latex sensitive? Yes No List any other allergies we should know about: \_\_\_\_\_

Are you currently seeing any of the following?

Medical doctor (M.D.)	YES	NO	Psychiatrist/Psychologist	YES	NO
Osteopath (D.O.)	YES	NO	Chiropractor	YES	NO
Physical therapist	YES	NO	Other _____		

If you have seen any of the above during the past three months, please describe for what reason (illness, medical condition, physical, etc.):

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Have you EVER been diagnosed as having any of the following conditions?

YES	NO	Cancer	If YES, describe <b>WHAT KIND AND WHEN:</b>
YES	NO	Heart problems	_____
YES	NO	Pacemaker/AFIB	
YES	NO	High blood pressure	
YES	NO	Circulation problems	
YES	NO	Asthma	
YES	NO	Emphysema	
YES	NO	Bronchitis	
YES	NO	HIV/AIDS	
YES	NO	Chemical dependency (i.e., alcoholism/drugs)	
YES	NO	Hypo/Hyper Thyroid	
YES	NO	Diabetes	
YES	NO	Multiple sclerosis	
YES	NO	Osteo (bone) arthritis	
YES	NO	Other arthritic conditions	
YES	NO	Metal implants	
YES	NO	Depression	
YES	NO	Hepatitis	
YES	NO	Tuberculosis	
YES	NO	Stroke	
YES	NO	Kidney disease	
YES	NO	Anemia	
YES	NO	Epilepsy	
YES	NO	Other	

For Office Use

Please list any surgeries or other conditions for which you have been hospitalized, including the approximate date and reason for the surgery or hospitalization:

<u>DATE</u>	<u>REASON FOR SURGERY/HOSPITALIZATION</u>
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____



Please describe any significant injuries for which you have been treated (including fractures, dislocations, sprains) and the approximate date of injury:

<u>DATE</u>	<u>INJURY</u>	<u>DATE</u>	<u>INJURY</u>
1. _____	_____	2. _____	_____
3. _____	_____	4. _____	_____

Has anyone in your immediate family (**parents, brothers, sisters**) ever been treated for any of the following?

YES	NO	Diabetes	YES	NO	Cancer
YES	NO	Tuberculosis	YES	NO	Arthritis
YES	NO	Heart disease	YES	NO	Anemia
YES	NO	High blood pressure	YES	NO	Headaches
YES	NO	Stroke	YES	NO	Epilepsy
YES	NO	Kidney disease	YES	NO	Mental illness
YES	NO	Alcoholism (or other chemical dependency)			

Which of the following OVER-THE-COUNTER medications have you taken in the last week?

YES	NO	Aspirin
YES	NO	Tylenol
YES	NO	Advil/Motrin/Ibuprofen
YES	NO	Laxatives
YES	NO	Decongestants
YES	NO	Antihistamines
YES	NO	Antacid
YES	NO	Vitamins/mineral supplements
YES	NO	Other _____

For Office Use
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Please list any PRESCRIPTION medication you are currently taking (INCLUDING pills, injections, and/or skin patches):

1. _____	2. _____	3. _____
4. _____	5. _____	6. _____

How much caffeinated coffee or caffeine containing beverages do you drink per day? \_\_\_\_\_

How many packs of cigarettes do you smoke a day? \_\_\_\_\_

How many days per week do you drink alcohol? \_\_\_\_\_

If one drink equals one beer or glass of wine, how much do you drink at an average sitting? \_\_\_\_\_

Have you recently noted:

YES	NO	Weight loss/gain
YES	NO	Nausea/vomiting
YES	NO	Fatigue
YES	NO	Weakness
YES	NO	Fever/chills/sweats
YES	NO	Numbness or tingling
YES	NO	Dizziness / Blurred Vision

For Office Use
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FOR WOMEN: Are you currently pregnant or think you might be pregnant? YES NO

I certify that all information provided herein is true and correct.

\_\_\_\_\_  
(Patient's Signature or Legal Guardian if under 18)

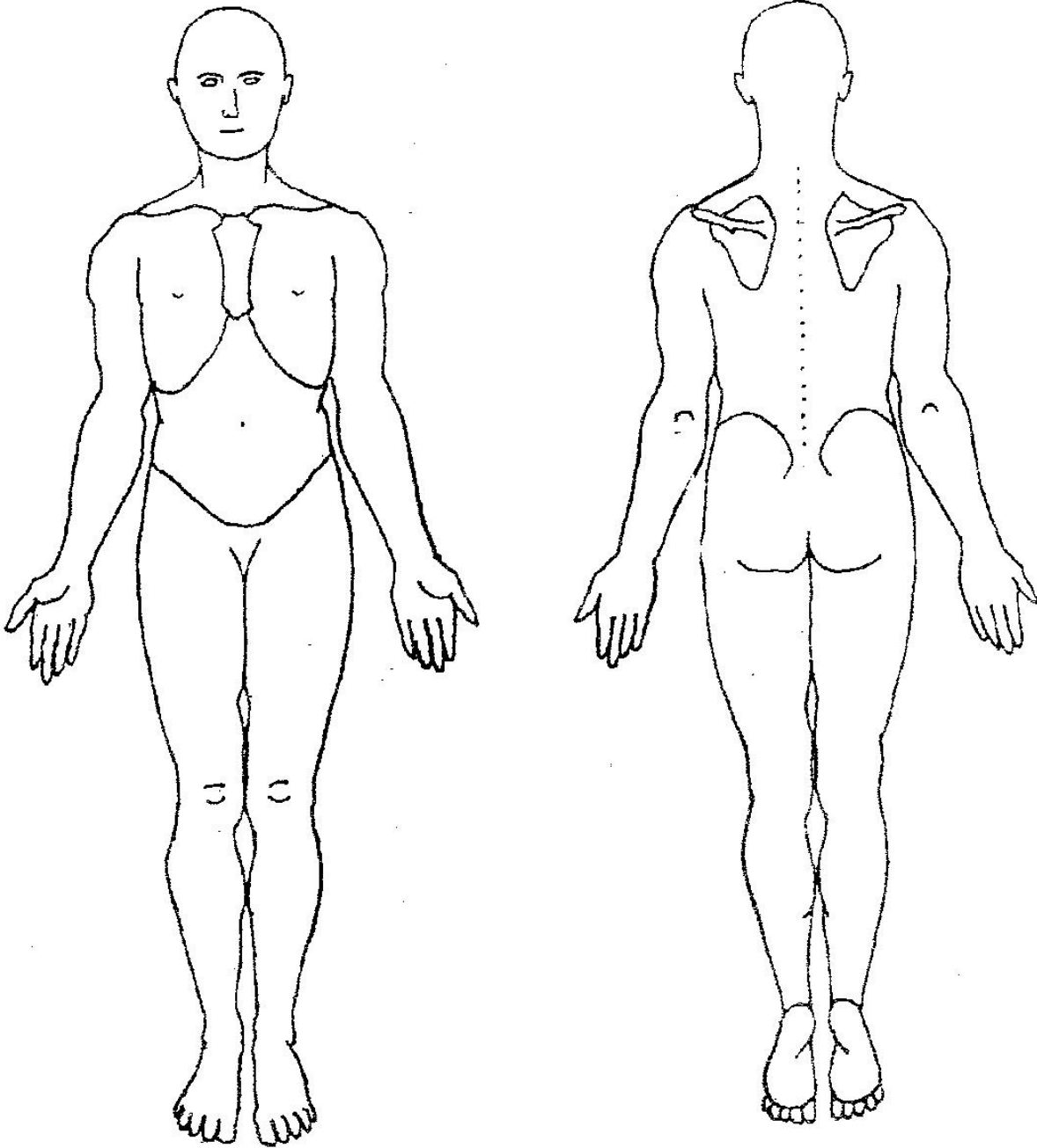
\_\_\_\_\_  
Therapist Signature

\_\_\_\_\_  
Date



## Patient's Symptom Drawing

Please mark an "X" on the body where you feel your pain or problem.  
You will speak with your therapist about your symptoms.



Name: \_\_\_\_\_ Date: \_\_\_\_\_